



# ACTIVITY CALENDAR 2022-23



**ST. ANTHONY'S SR. SEC. SCHOOL  
C-6, S.D.A., HAUZ KHAS NEW DELHI-110016**

# **ST. ANTHONY'S SR. SEC. SCHOOL, HAUZ KHAS**

## **VISION**

We envisage a God centered, inclusive, egalitarian, caring and progressive society imbued with human qualities.

## **MISSION STATEMENT**

We are committed to .....

- Promote integral formation based on the principles of Gospel values to all students, irrespective of caste or race.
- Strive to empower and enable every student to be a well equipped, kind, compassionate and responsible global citizen committed to the care / cause of humanity.
- Inspire young minds to think creatively and critically, solve problems and develop a lifelong enthusiasm for learning and thus, prepare them for future challenges and opportunities.
- Encourage children to develop the qualities of self-discipline, positive self – image, resourcefulness, teamwork and leadership.
- Provide a safe, secure and inclusive environment in which each child can enjoy learning and strive for excellence.
- Promote awareness among students, staff and parents about the social / global evils undermining the moral fabric of our nation, providing right moral perspective to the adolescents.
- Foster ecological balance as a tribute to St. Francis of Assisi - the patron of ecology, through plantation drives, within and around the school.

# CHILD PROTECTION POLICY

Institutions are gardens where young children flower into honest and upright citizens of character and conviction. We empower them through holistic education focusing on all round development by creating a healthy school environment where all children are respected, and all discriminations based on economic background, caste, creed, language or region are avoided. It is not only the physical safety that we are concerned about but also the emotional and spiritual safety. We commit ourselves to caring for the needs of the young and empowering them to achieve their full potential so that they may live life to the full.

Any harm done to children intentionally or unintentionally, that damages the prospects of safe and healthy development of children into adults by individuals, institutions or processes through commission or omission would be considered abuse.

The school takes all appropriate measures to prevent any abuse or exploitation. It provides a welcoming atmosphere where parents/guardians, students and staff feel comfortable to express concerns about child protection issues.

The school respects the rights and freedom of each individual, firmly believing that our education and intervention will enable them to become more balanced and well integrated.

We commit ourselves to protect children from all forms of abuse and exploitation and take all appropriate measures to prevent any kind of abuse. Parents and guardians are requested to collaborate by persuading children to be disciplined, respectful, well mannered and moderate in their use of social media and avoid any type of bullying and aggressive behaviour. We believe that each child is a gift from God, born with inherent dignity and right to respect. Protecting every young person entrusted to our care is not only our duty and responsibility but also our priority.

# SAFETY RULES

**Take permission before going anywhere:** Teach your kids to take permission before they go anywhere. This is because you would know about the place and make sure whether it is safe for your child or not before allowing her to go there. On the other hand, you will also be aware where your child is.

**Know all the important personal details:** Make your child learn their address, parents' mobile numbers and emergency phone numbers. This will help your child to get in touch with you at the earliest if she finds herself in any kind of danger. Your child should know where to call during an emergency.

**Do not hesitate to ask for help:** When in danger teach your child to ask for help. Ask them to trust their instincts during adverse times. Also let your child understand that adults do not ask children for help and if someone asks them to come along with them in the car, they should say 'no' and run away from there.

**What to do when lost:** Your child may get lost, especially when they are in a crowded place. Teach them to reach a safe place or yell, scream or ask for help from any parent on how to get in touch with family members immediately.

**Say 'No' to strangers:** Teach your children not to take anything from strangers or to go with unknown persons. Also, they should not do anything that they are not comfortable doing. Leave your child with the people whom you trust completely.

**Not keeping secrets from parents:** Do listen to your child and ask her about things and whom she meets. Talk to them about their day and everything and make them understand that they should not keep secrets from their parents. If someone asks them to keep secrets they should immediately let their parents know about that.

**Develop healthy practices to protect yourself from coronavirus:** Teach your children to wash their hands often with soap and water for at least 20 seconds, especially after being in a public place, or after blowing their nose, coughing or sneezing. They should cover their nose and mouth with a disposable tissue/handkerchief when coughing or sneezing. If soap and water are not readily available, they should use a hand sanitizer with at least 60% alcohol. Children should avoid touching their eyes, nose and mouth with unwashed hands. They should wear N95 or a 3-ply mask to cover their mouth and nose when around others in public.

# RISK MANAGEMENT

Schools have an enormous influence in supporting and strengthening protective factors in the children, families and communities. For children, the school plays an even more significant role than the family unit. The daily contact of the school with children provides many opportunities for children to acquire internal and external protective factors associated with resilience. Schools provide a critical context in shaping children's self efficacy and sense of control over their lives. With this, an incredible opportunity to minimize and in many instances, prevent or mitigate future problems for these children. Recognition of the critical role the school environment provides in positive outcomes for children. As a result, three key factors for developing resilience in children have been identified as-

- Caring relationships
- High expectations and academic standards
- Opportunities for participation and contribution

When the environment is supportive, challenging and involving, the potential of each child is recognized and protective factors and resilience are promoted.

## **Risk Protective Factors**

- Provide ample praise
- Encourage curiosity and independence
- Provide challenges to children, but gradually
- Provide a safe environment
- Encourage sharing of ideas and feelings
- Encourage empathy
- Provide recognition to children who act with empathy
- Model problem solving, courage, optimism in the face of adversity
- Maintain positive attitudes and behavior
- Encourage problem- solving to resolve interpersonal problems
- Provide clear rules and enforce them with consequences when rules are broken
- Provide firm discipline
- Assist children to take responsibility for behaviour
- Establish clear rules, set limits, and enforce consequences
- Provide encouragement and guidance when errors are made or failures occur
- Provide comfort and encouragement in stressful situations
- Model appropriate behaviour in stressful situations
- Seek help when needed
- Encourage flexibility in responding to different situations
- Encourage flexible approach to learning

## SCHOOL ACTIVITY PLANNER

| MONTH  | DATE                          | PROGRAMME  |
|--------|-------------------------------|--|
| April  | 4 Mon                         | New Academic Session   |
|        | 10 Sun                        | Ram Navami   |
|        | 14 Thu – 16 Sat               | Ambedkar Jayanti/ Mahavir Jayanti/Maundy Thursday / Good Friday (Holidays) |
|        | 21 Thu                        | Investiture Ceremony   |
|        | 30 Sat                        | PTM (Classes I-XII)  |
| May    | 2 Mon                         | Institute Day  |
|        | 3 Tue                         | Eid-UI-Fitr (Holiday)  |
|        | 7 Sat                         | PTM (Pre-Primary) & Club Meeting (Classes VI-X)                            |
|        | 16 Mon                        | Buddha Purnima (Holiday)   |
|        | 12 Thur - 21 Sat              | Periodic Test 1 (Classes I-XII)  |
| July   | 9 Sat                         | Eid-UI-Zuha (Holiday)  |
|        | 16 Sat                        | Recognition Day/ PTM (Pre-Primary)   |
|        | 22 Fri                        | Outreach Programme - Class XII   |
|        | 25 Mon-29 Fri                 | Science Week   |
|        | 30 Sat                        | PTM (Classes I-XII)  |
| August | 1 Mon-5 Fri                   | Periodic Test 1 Class XI (tentative)                                       |
|        | 6 Sat                         | PTM (Pre-Primary)  |
|        | 9 Tue                         | Muharram (Holiday)   |
|        | 10 Wed                        | St. Clare's Day Celebration (Our Heavenly Patroness)                       |
|        | 11 Thu                        | Raksha Bandhan (Holiday)   |
|        | 12 Fri                        | Independence Day Celebration   |
|        | 15 Mon                        | Independence Day   |
|        | 19 Fri                        | Janamashtami (Holiday)   |
|        | 20 Sat                        | Club Meeting (Classes VI-X)  |
|        | 26 Fri                        | Mother Pia Memorial Inter-School Competition                               |
| 31 Wed | Outreach Programme - Class XI |  |

|           |                  |   |
|-----------|------------------|---|
| September | 3 Sat            | PTM (Classes I-XII)   |
|           | 5 Mon            | Teacher's Day Celebration                                   |
|           | 3rd Week         | Term 1 (Classes I-VIII)<br>Periodic Test 2 (Classes IX-XII) |
| October   | 1 Sat            | Gandhi Jayanti & Dussehra Celebration/<br>PTM (Pre-Primary) |
|           | 2 Sun            | Gandhi Jayanti  |
|           | 4 Tue            | St. Francis Day (Our Heavenly Patron)                       |
|           | 3 Mon-5 Wed      | Dussehra Holidays   |
|           | 6 Thu            | St. Francis Day Celebration                                 |
|           | 9 Sun            | Id-E-Milad/ Valmiki Jayanti                                 |
|           | 15 Sat           | Club Meeting (Classes VI-X)                                 |
|           | 22 Sat- 26 Wed   | Diwali Holidays   |
|           | 29 Sat           | PTM (Classes I-XII)   |
|           | 31 Mon           | Outreach Programme - Class X                                |
| November  | 5 Sat-11 Fri     | 1st Week Term 1 (Classes IX & XI)                           |
|           | 8 Tue            | Guru Nanak Jayanti (Holiday)                                |
|           | 14 Mon           | Children's Day Celebration                                  |
|           | 14 Mon-19 Sat    | Library Week  |
|           | 21 Mon-25 Fri    | Constitution Week (Special Assembly)                        |
|           | 30 Wed           | Outreach Programme- Class IX                                |
| December  | 2 Fri-9 Fri      | Periodic Test 2 (Classes I-VIII)                            |
|           | 3 Sat            | PTM (Pre-Primary)   |
|           | 12 Mon- 16 Fri   | Computer Science Week                                       |
|           | 17 Sat           | PTM (Classes I-XII)   |
|           | 20 Tue           | Outreach Programme - Class VIII                             |
|           | 22 Thu           | Christmas Celebration                                       |
|           | 23 Fri-1 Jan '23 | Winter Holidays   |

|               |        |                                  |
|---------------|--------|----------------------------------|
| January 2023  | 2 Mon  | School Reopens                   |
|               | 7 Sat  | Periodic Test 3 (Classes IX-XII) |
|               | 25 Wed | Republic Day Celebration         |
|               | 26 Thu | Republic Day                     |
|               | 31 Tue | Outreach Programme - Class VII   |
| February 2023 | 3 Fri  | Club Meeting (Classes VI-X)      |
|               | 4 Sat  | PTM (Classes I-XII)              |
|               | 7 Tue  | Outreach Programme - Class VI    |
|               | 10 Fri | Sanitation Day                   |
|               | 18 Sat | PTM (Pre-Primary)                |

- All 1st, 3rd & 5th Saturdays are working days.
- Day-wise timetable will be followed – Day 1 to Day 5 and Saturday.



# LKG AND UKG

## ASSEMBLIES AND CELEBRATIONS

| S.NO | DATE                   | PROGRAMME               |
|------|------------------------|-------------------------|
| 1    | 8 July (Friday)        | Eid-Ul-Zuha             |
| 2    | 10 August (Wednesday)  | Raksha Bandhan          |
| 3    | 12 August (Friday)     | Independence Day        |
| 4    | 18 August (Thursday)   | Janmashtami             |
| 5    | 2 September (Friday)   | Teachers' Day           |
| 6    | 30 September (Friday)  | Gandhi Jayanti/Dussehra |
| 7    | 21 October (Friday)    | Diwali                  |
| 8    | 7 November (Monday)    | Guru Nanak Jayanti      |
| 9    | 14 November (Monday)   | Children's Day          |
| 10   | 22 December (Thursday) | Christmas               |
| 11   | 25 January (Wednesday) | Republic Day            |

## SCHEDULE FOR CLASS ASSEMBLIES

| MONTH  | DATE          | CLASS                     | ASSEMBLY   |
|--------|---------------|---------------------------|--|
| April  | 4 Mon-8 Fri   | IX A                      |  |
|        | <b>8 Fri</b>  | <b>IX A</b>               | <b>Ram Navami (Special Assembly)</b>                         |
|        | 11 Mon-18 Mon | IX B                      |  |
|        | 12 Tue        | <b>IX B</b>               | <b>Ambedkar Jayanti (Special Assembly)</b>                   |
|        | 13 Wed        | <b>St. Joseph's House</b> | <b>Easter (Special Assembly)</b>                             |
|        | 19 Tue-22 Fri | IX C                      |  |
|        | 25 Mon-29 Fri | X A                       |  |
|        | <b>29 Fri</b> | <b>X A</b>                | <b>Eid-UI-Fitr (Special Assembly)</b>                        |
| May    | <b>2 Mon</b>  | <b>St. Mary's House</b>   | <b>Institute Day (Special Assembly)</b>                      |
|        | 4 Wed-7 Sat   | X B                       |  |
|        | 9 Mon-13 Fri  | X C                       |  |
|        | <b>13 Fri</b> | <b>XC</b>                 | <b>Buddha Purnima (Special Assembly)</b>                     |
|        | 17 Tue-21 Sat | XII Science               |  |
| July   | 4 Mon-8 Fri   | XII Commerce              |  |
|        | 11 Mon-16 Sat | XII Arts                  |  |
|        | 18 Mon-22 Fri | XI Science                |  |
|        | 25 Mon-30 Sat | XI Commerce               |  |
| August | 1 Mon-6 Sat   | XI Arts                   |  |
|        | <b>8 Mon</b>  | <b>XI Arts</b>            | <b>Muharram (Special Assembly)</b>                           |
|        | <b>10 Wed</b> | <b>St. Clare's House</b>  | <b>St. Clare's Day and Raksha Bandhan (Special Assembly)</b> |
|        | <b>12 Fri</b> | <b>V, VI, X &amp; XII</b> | <b>Independence Day (Special Assembly)</b>                   |
|        | 16 Tue-20 Sat | VIII A                    |  |
|        | <b>18 Thu</b> | <b>VIII A</b>             | <b>Janmashtami (Special Assembly)</b>                        |
|        | 22 Mon-25 Thu | VIII B                    |  |
|        | 26 Fri-31 Wed | VIII C                    |  |

|           |               |                              |   |
|-----------|---------------|------------------------------|---|
| September | 1 Thu-5 Mon   | Council Members              |   |
|           | 5 Mon         | <b>Council Members</b>       | <b>Teacher's Day (Special Assembly)</b>                 |
|           | 6 Tue-9 Fri   | VII A                        |   |
|           | 12 Mon-17 Sat | VII B                        |   |
|           | 19 Mon-23 Fri | VII C                        |   |
|           | 26 Mon-30 Fri | VI A                         |   |
| October   | <b>1 Sat</b>  | <b>XI</b>                    | <b>Gandhi Jayanti &amp; Dussehra (Special Assembly)</b> |
|           | <b>6 Thu</b>  | <b>St. Francis House</b>     | <b>St. Francis Day (Special Assembly)</b>               |
|           | <b>7 Fri</b>  | <b>VI A</b>                  | <b>Eid-E-Milad (Special Assembly)</b>                   |
|           | 10 Mon-15 Sat | VI B                         |   |
|           | 17 Mon-20 Thu | VI C                         |   |
|           | <b>21 Fri</b> | <b>VI - VIII</b>             | <b>Diwali (Special Assembly)</b>                        |
|           | 27 Thu-31 Mon | XII Science                  |   |
| November  | 1 Tue-5 Sat   | XII Commerce                 |   |
|           | <b>7 Mon</b>  | <b>XII Arts</b>              | <b>Guru Nanak Jayanti (Special Assembly)</b>            |
|           | 9 Wed-11 Fri  | XII Arts                     |   |
|           | 14 Mon        |                              | <b>Children's Day (Special Assembly)</b>                |
|           | 15 Tue-19 Sat | X A                          |   |
|           | 21 Mon-25 Fri | X B                          |   |
|           | 28 Mon-30 Wed | X C                          |   |
| December  | 1 Thu-3 Sat   | X C                          |   |
|           | 5 Mon-9 Fri   | IX A                         |   |
|           | 12 Mon-16 Fri | IX B                         |   |
|           | 19 Mon-21 Wed | IX C                         |   |
|           | 22 Thu        | <b>II, III, VII &amp; IX</b> | <b>Christmas Celebration (Special Assembly)</b>         |

|          |               |                             |  |
|----------|---------------|-----------------------------|--|
| January  | 2 Mon-7 Sat   | VIII A                      |  |
|          | 9 Mon-13 Fri  | VIII B                      |  |
|          | 16 Mon-21 Sat | VIII C                      |  |
|          | 23 Mon-27 Fri | VII A                       |  |
|          | <b>25 Wed</b> | <b>I, IV, VIII &amp; XI</b> | <b>Republic Day (Special Assembly)</b> |
|          | 27 Fri-31 Tue | VII B                       |  |
| February | 1 Wed-3 Fri   | VII C                       |  |
|          | 6 Mon-10 Fri  | VI A                        |  |
|          | 13 Mon-18 Sat | VI B                        |  |
|          | 20 Mon-24 Fri | VI C                        |  |

## **PROGRAMME/COMPETITION ON PTM DAY**

| <b>S. No.</b> | <b>DATE</b> | <b>CLASS</b> | <b>PROGRAMME/<br/>COMPETITION</b>     |
|---------------|-------------|--------------|---------------------------------------|
| 1             | 30 April    | IX - XII     | Rangoli                               |
| 2             | 30 July     | IV - XII     | Yoga/Aerobics                         |
| 3             | 3 September | I - XII      | Best out of Waste                     |
| 4             | 29 October  | IV – VIII    | Nukkad Natak [Swachhta Abhiyan, CBSE] |
| 5             | 17 December | IV - XII     | Flower Arrangement                    |

## THEME FOR CLASS ASSEMBLIES

| CLASS | TOPIC                    |
|-------|--------------------------|
| I A   | Cheerfulness             |
|       | My Country               |
|       | Kindness                 |
|       | Gratitude                |
| I B   | Help the Needy           |
|       | Grandparents             |
|       | Heathy Food              |
|       | Respect                  |
|       | Cleanliness              |
| I C   | My Role Model            |
|       | Friends                  |
|       | Bond of Siblings         |
|       | My School                |
|       | Mother Earth             |
| II A  | Kindness                 |
|       | Open Mindedness          |
|       | Obey your Parents        |
|       | Save Water               |
|       | Compassion               |
| II B  | Sharing is Caring        |
|       | Be Generous              |
|       | Team Work                |
|       | Being Honest             |
|       | Discipline               |
| II C  | Courage                  |
|       | Friends                  |
|       | Importance of Discipline |

|       |                              |
|-------|------------------------------|
|       | Good Habits                  |
|       | Importance of Regularly      |
| III A | Time Management              |
|       | Power of Reading             |
|       | Character Building           |
|       | Water Conservation           |
|       | Empathy towards Poor         |
| III B | Our Teachers                 |
|       | Honesty                      |
|       | Heathy Lifestyle             |
|       | Happiness                    |
|       | Confidence                   |
| III C | Accepting Change             |
|       | Personal Hygiene             |
|       | Positive Thinking            |
|       | Practice Makes a Man Perfect |
|       | Hard Work                    |
| IV A  | Save Environment             |
|       | Importance of Punctuality    |
|       | Prayers can do Wonders       |
|       | Courage                      |
|       | Forgiveness                  |
| IV B  | India and its Diversity      |
|       | Fruit of Hard Work           |
|       | Laughter the Best Medicine   |
|       | Importance of Family Time    |
|       | Anger - The Worst Enemy      |
| IV C  | Benefits of Sports           |
|       | Road Safety                  |
|       | True Friendship              |
|       | A Productive Vacation        |

|      |   |
|------|---|
|      | Humanity - A Great Virtue                 |
| V A  | Tolerance and Respect                     |
|      | Importance of Education                   |
|      | Sense of Responsibility                   |
|      | Role of Teachers in Shaping Students life |
|      | Importance of Technology                  |
| V B  | Cleanliness is next to Godliness          |
|      | Joy of Sharing                            |
|      | Integrity                                 |
|      | Patience and Perseverance                 |
|      | Happiness Resides Inside Us               |
| V C  | Importance of Charity                     |
|      | Power of Faith                            |
|      | Never Ever give up                        |
|      | Save Mother Earth                         |
|      | Care and Compassion                       |
| VI C | Truthfulness                              |
|      | Hard Work is the Key to Success           |
|      | Open-mindedness                           |
|      | Love and care                             |
|      | Selfless Service                          |
| VI B | International Nelson Mandela Day          |
|      | Gratitude                                 |
|      | Will Power / Self-Control                 |
|      | Union with God                            |
|      | Fullness of Peace                         |
| VI A | Power of Knowledge                        |
|      | Sacrifice- Sign of Utmost Love            |
|      | Prayer Needs No Speech                    |
|      | Prayer Core of life                       |

|        |   |
|--------|---|
|        | Setting Goals   |
| VII A  | Famous Teachers who contributed to the World Education System |
|        | Value of Dedication   |
|        | Teachers - Our Role Model                                     |
|        | Hope and Positivity   |
|        | Nobility of Character   |
| VII B  | Sanskrit Day  |
|        | Priorities of life  |
|        | Give without Counting   |
|        | Self Esteem   |
|        | Character Building  |
| VII C  | National Sports Day   |
|        | Importance of Prayer  |
|        | Children- A Source of Pride                                   |
|        | Importance of Discipline                                      |
|        | Empathy   |
| VIII A | Benefits of Yoga  |
|        | Practice Makes a Man Perfect                                  |
|        | Do Good to Feel Good  |
|        | A Disciplined Life  |
|        | Power of Prayer   |
| VIII B | Good Behaviour  |
|        | Simplicity  |
|        | Faith and Religion  |
|        | Waste Management  |
|        | Time Management   |
| VIII C | Human Rights Day  |
|        | International Literacy Day                                    |
|        | Childhood: The Most Cherished Phase of Life                   |



|      |   |
|------|---|
|      | Omnipresence of God                     |
|      | General Hygiene Practices               |
| IX A | Forgiveness                             |
|      | Social Responsibility                   |
|      | A Fulfilled Life                        |
|      | Fruits of Hard work                     |
|      | All that Glitters is not Gold           |
| IX B | Team Spirit                             |
|      | Words: A Powerful Tool-Use it Wisely    |
|      | Education –Tool to Empowerment          |
|      | How Can I Serve My Country?             |
|      | Consequence of Negativity               |
| IX C | Be the Change you Want to See           |
|      | Discover Your Inner- Self               |
|      | Peer Pressure                           |
|      | Importance of Character Building        |
|      | Spirit of Enquiry                       |
| X A  | Hindi Diwas                             |
|      | International Nurses Day                |
|      | World Environment Day                   |
|      | Power of Concentration                  |
|      | Problem Solving and Conflict Resolution |
| X B  | Being Honest                            |
|      | National Mathematics Day                |
|      | World AIDS Vaccine Day                  |
|      | Summer-Healthy Food Habits              |
|      | Save Environment                        |
| X C  | Spreading goodness                      |
|      | Role of Social Media                    |
|      | Concern for the Less Fortunate          |
|      | Traits of a Responsible Student         |

|                |                                    |
|----------------|------------------------------------|
|                | World Red Cross Day                |
| XI Humanities  | Importance of Meditation           |
|                | Indian Navy Day                    |
|                | Stress Management                  |
|                | Relevance of Exams                 |
|                | How to Face Exams                  |
| XI Commerce    | National Girl Child Day            |
|                | World Health Day                   |
|                | Humility                           |
|                | Importance Of Technology           |
|                | Team Work                          |
| XI Science     | Real Heroes of Our Time            |
|                | Power Of Reading                   |
|                | Healthy Food- Is the Spice of Life |
|                | Austerity                          |
|                | Importance of Prayer               |
| XII Humanities | Importance of Scripture            |
|                | Hard Work and Success              |
|                | Training the Mind                  |
|                | World Health Day                   |
|                | A New Beginning                    |
| XII Commerce   | Importance of Etiquettes           |
|                | Non- Violence                      |
|                | Silence is Golden                  |
|                | Family & Values                    |
|                | Ayushman Bharat Diwas              |
| XII Science    | Joy of Self-Motivation             |
|                | Say 'No' to Temptation             |
|                | Meaning of Success                 |
|                | Sense of Responsibility            |
|                | Earth Day                          |

## TOPICS FOR CLASS BULLETIN BOARD

| <b>MONTH</b>         | <b>CLASS</b> | <b>TOPIC</b>  |
|----------------------|--------------|---|
| <b>April</b>         | I - XII      | Education Vision/Philosophy of our Foundress Mother Seraphina |
| <b>July</b>          | I - XII      | Creating a Healthy World- Save Life, Save Environment         |
| <b>August</b>        | I – XII      | India of my Dreams  |
| <b>September</b>     | I – XII      | Teacher - My Mentor, My Friend                                |
| <b>October</b>       | I – XII      | Our Ecosystem-Interdependence of Humans, Animals & Plants     |
| <b>November</b>      | I – XII      | Be the Change-Light, Hope & Goodness                          |
| <b>December</b>      | I – XII      | ‘Glory to the Prince of Peace’                                |
| <b>January 2023</b>  | I – XII      | Journey of Indian Republic                                    |
| <b>February 2023</b> | I – XII      | Success → Hard work + Dedication + Perseverance               |

**ANNUAL INTRA-CLASS/INTER-HOUSE COMPETITIONS  
PRE-PRIMARY (LKG & UKG)**

| <b>MONTH</b>     | <b>CLASS</b> | <b>ACTIVITY</b>                            |
|------------------|--------------|--|
| <b>MAY</b>       | LKG          | SUMMER ACTIVITY                            |
|                  | UKG          | SUMMER ACTIVITY                            |
| <b>JULY</b>      | LKG          | RECITATION COMPETITION                     |
|                  | UKG          | FANCY DRESS COMPETITION                    |
| <b>AUGUST</b>    | LKG          | FLAG MAKING ACTIVITY                       |
|                  | UKG          | RAKHI MAKING ACTIVITY                      |
| <b>SEPTEMBER</b> | LKG          | ELOCUTION 'MY GRANDPARENTS'                |
|                  | UKG          | HINDI ELOCUTION 'FAVOURITE ANIMAL OR BIRD' |
| <b>OCTOBER</b>   | LKG          | DUSSHERA ACTIVITY                          |
|                  | UKG          | DIWALI ACTIVITY                            |
| <b>NOVEMBER</b>  | LKG          | RACES                                      |
|                  | UKG          | RACES                                      |
| <b>DECEMBER</b>  | LKG          | CHRISTMAS ACTIVITY                         |
|                  | UKG          | CHRISTMAS ACTIVITY                         |
| <b>JANUARY</b>   | LKG          | DRAWING COMPETITION                        |
|                  | UKG          | CRAFT COMPETITION                          |

## ANNUAL INTRA-CLASS/INTER-HOUSE COMPETITIONS

### CLASSES I-V

| MONTH | CLASS | ACTIVITY  |
|-------|-------|---|
| MAY   | 1 & 2 | FUN WITH COLOURS  |
|       | 3     | MY SCHOOL, MY MOTIVATION  |
|       | 4 & 5 | CHARACTER PORTRAYAL OF MOTHER SERAPHINA'S ANY ONE STAGE OF HER LIFE |

|        |       |                            |
|--------|-------|----------------------------|
| AUGUST | 1 & 2 | PATRIOTISM FANCY DRESS     |
|        | 3     | INCREDIBLE INDIA (COLLAGE) |
|        | 4     | PATRIOTIC MASH-UP IN MUSIC |
|        | 5     | THE DANCE OF FREEDOM       |

|          |   |   |
|----------|---|---|
| DECEMBER | 1 | ANGEL, SHEPHERD, CELEBRATION DANCE        |
|          | 2 | JOLLY CHRISTMAS CAROL                     |
|          | 3 | ARTISTRY WREATH CARNATION                 |
|          | 4 | CHRISTMAS DECORATION USING WASTE MATERIAL |
|          | 5 | CHARACTER PORTRAYAL OF NATIVITY SCENE     |

|         |   |   |
|---------|---|---|
| JANUARY | 1 | DIALOGUE DELIVERY OF FREEDOM FIGHTERS   |
|         | 2 | POETRY OF FREEDOM                       |
|         | 3 | AZADI KI KAHANI BACHCHON KI ZUBANI      |
|         | 4 | INDIAN FREEDOM MOVEMENT (DANCE DRAMA)   |
|         | 5 | RECITATION ON THE CONSTITUTION OF INDIA |

**ANNUAL INTRA-CLASS/INTER-HOUSE COMPETITIONS  
CLASSES VI-XII**

| <b>MONTH</b> | <b>CLASS</b> | <b>ACTIVITY</b>   |
|--------------|--------------|---|
| <b>MAY</b>   | VI-VII       | COLLAGE DEPICTING THE IDEALS OF MOTHER SERAPHINA          |
|              | VIII         | POSTER MAKING ON THE LIFE OF MOTHER SERAPHINA             |
|              | IX           | MIME ON THE VISION OF MOTHER SERAPHINA                    |
|              | XI           | DRAMATIZATION- EDUCATION V/S THE MILLENNIUM WOMAN (HINDI) |

|               |        |   |
|---------------|--------|---|
| <b>AUGUST</b> | VI     | PATRIOTIC GROUP DANCE                                 |
|               | VII    | PANCHAYAT (AZADI HAI SAB KA ADHIKAR)                  |
|               | VIII   | PATRIOTIC GROUP SONG                                  |
|               | IX-X   | ROLE-PLAY (SWATANTRA SENANEYO KI MAHATVAPURN BHUMIKA) |
|               | XI-XII | MOCK PARLIAMENT                                       |

|                 |    |                      |
|-----------------|----|----------------------|
| <b>DECEMBER</b> | VI | ENACTMENT (PARABLES) |
|-----------------|----|----------------------|

|  |        |                                 |
|--|--------|---------------------------------|
|  | VII    | CHRISTMAS HIP-HOP (GROUP DANCE) |
|  | VIII   | CRIB MAKING                     |
|  | IX-X   | CAROL SINGING (GROUP)           |
|  | XI-XII | DANCE DRAMA (CHRISTMAS MESSAGE) |

|                |      |  |
|----------------|------|--|
| <b>JANUARY</b> | VI   | SPEECH-MAKERS OF THE INDIAN CONSTITUTION       |
|                | VII  | STREET PLAY -FUNDAMENTAL RIGHTS                |
|                | VIII | FOLK DANCE OF INDIA                            |
|                | IX   | CONCLAVE- INCREDIBLE INDIA/ DIVERSITY IN INDIA |
|                | XI   | SKIT -THE MAKING OF THE INDIAN CONSTITUTION    |



**Venerable Mother Seraphina Farolfi  
(1853-1917)**

**INSTITUTE WEEK CELEBRATION  
in honour of  
The Founding of the Institute of  
'Clarist Franciscan Missionaries of the Blessed Sacrament' (CFMSS)  
on  
May 1, 1898**

| <b>DATE</b> | <b>CLASS</b> | <b>TOPIC</b>   |
|-------------|--------------|--|
| 22 April    | I            | Fun with Colours   |
|             | II           | Memorizing the quotes of Mother Seraphina                            |
|             | III          | Making bookmarks on the quotes of Mother Seraphina                   |
| 25 April    | IV-V         | Character Portrayal of Mother Seraphina's (Anyone stage of her Life) |
| 26 April    | VI-VII       | Collage depicting the ideals of Mother Seraphina                     |
| 27 April    | VIII         | Poster Making on the life of Mother Seraphina                        |
| 28 April    | IX           | Mime on the vision of Mother Seraphina                               |
| 29 April    | XI           | Dramatization- Education v/s The Millennium Woman (Hindi)            |



# THE PREAMBLE

We, the people of India, having solemnly resolved to constitute India into a Sovereign, Socialist, Secular Democratic, Republic and to secure to all its citizens.

**JUSTICE:** Social, Economic and Political

**LIBERTY:** Of thought, expression, belief, faith and worship

**EQUALITY:** Of status and of opportunity; and to promote among them all;

**FRATERNITY:** Assuring the dignity of the individual and the unity and integrity of the Nation.

IN OUR CONSTITUENT ASSEMBLY THIS TWENTY SIXTH DAY OF NOVEMBER 1949, DO HEREBY ADOPT, ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.

## CONSTITUTION WEEK CELEBRATION

| S. NO. | DATE        | CLASS   | PROGRAMME   |
|--------|-------------|---------|---|
| 1      | 21 November | I - III | Reading the Preamble of our Constitution  |
| 2      | 21 November | IV - V  | Poster Making-Preamble of our Constitution                                      |
| 3      | 22 November | VI-VIII | Mime-Themes related to Constitution   |
| 4      | 23 November | IX-X    | Story Narration- 'Making of the World's Longest Written Constitution'           |
| 5      | 24 November | XI-XII  | Enactment - based on theme – Inter-relation between Fundamental Rights & Duties |
| 6      | 25 November | XI      | Special Assembly  |

## CLUB ACTIVITIES

| S. No. | CLUB                | CLASS | ACTIVITIES TERM 1   | ACTIVITIES TERM 2   |
|--------|---------------------|-------|---|---|
| 1      | CREATIVE            | VI    | Bottle Decoration/Cloth or Jeans Bag                          | Desk Calendar/<br>Photo Frame                                 |
| 2      | PERFORMING ARTS     | VII   | Talent Show   | Enactment Based on Epics (English/Hindi)                      |
| 3      | ECO CLUB            | VIII  | Making a Mini Desk Dustbin/<br>Hand Painting (Animal Kingdom) | Demonstration on Waste Management                             |
| 4      | COOKERY             | IX    | Fireless Cooking  | Immunity Booster-<br>using given ingredients only             |
| 5      | DISASTER MANAGEMENT | X     | Preparation of an Emergency Kit/<br>First Aid Box             | Planning & Executing Evacuation Drill in case of an Emergency |

# ANNUAL SPORTS PLANNER

## CLASSES I-V

| MONTH     | GAMES/ACTIVITY  |
|-----------|---|
| April     | Warm up exercise, Yoga with music                                   |
| May       | Yoga (animal pose)  |
| July      | Hula- hoop activity, Jump over race & Multi-drill game              |
| August    | Exercise with music, Keep Fit Class & Zumba                         |
| September | Surya Namaskar, Animal pose yoga & Aerobics                         |
| October   | Hula- hoop activity & Aerobics                                      |
| November  | Animal pose yoga, Birdie Dance, Jumping Jacks & Paper Ball activity |
| December  | Birdie Dance, Jumping Jacks & Paper Ball activity                   |
| January   | Yoga  |

## CLASSES VI-XII

| MONTH     | GAMES/ACTIVITY   |
|-----------|--|
| April     | Basketball, Volleyball & Tug-of-War                        |
| May       | Badminton, Table Tennis, Chess & Kho-Kho                   |
| July      | Table Tennis, Chess, Yoga & Tug-of-War                     |
| August    | March Past, Badminton, Yoga & Kho-Kho                      |
| September | Basketball, Volleyball, Table Tennis, Yoga & Chess         |
| October   | Yoga, Races (Simple, Relay)                                |
| November  | Basketball & Races, Table Tennis, Chess, Yoga & Tug-of-War |
| December  | Races, Yoga & Tug-of-War                                   |
| January   | March Past, Races, Yoga                                    |

# EXAMINATION AND NORMS OF PROMOTION CLASSES I - II

The Assessment structure and examination for classes I-II comprises of two terms i.e. Term 1 and Term 2 as explained below

## SCHOLASTIC AREA

|                            |                 |
|----------------------------|-----------------|
| <b>PERIODIC TEST-1</b>     | <b>20 marks</b> |
| <b>INTERNAL ASSESSMENT</b> | <b>20 marks</b> |
| <b>TERM -1</b>             | <b>40 marks</b> |
| <b>PERIODIC TEST-2</b>     | <b>20 marks</b> |
| <b>INTERNAL ASSESSMENT</b> | <b>20 marks</b> |
| <b>TERM -2</b>             | <b>40 marks</b> |

### Evaluation Process

1. In scholastic area students will be graded in 8-point grading scale (A1 to E) and both marks and grades will be mentioned in the result.
2. To update the student's knowledge in every subject, weekly tests and class tests will be conducted regularly.

### ATTENDANCE

- 80 % attendance during the academic year is required and no relaxation of any kind will be granted to any student who does not fulfil the school as well as the Board requirements.
- Pupils must not absent themselves without prior permission from class tests, assignments or any activities.

### CO - SCHOLASTIC AREA

3-point grading scale term wise [A to C]

[A = outstanding, B = very good, C = fair]

1. Value Education
2. General Knowledge
3. Music
4. Dance
5. Art Education
6. Work Education
7. Health & Physical Education

Result declared at the end of the year is final in all cases and will not be reconsidered.

## CLASSES III-VIII

The Assessment structure and examination for classes III–VIII comprises of two terms i.e. Term 1 and Term 2 as explained below :

### SCHOLASTIC AREA

|                            |                 |
|----------------------------|-----------------|
| <b>PERIODIC TEST-1</b>     | <b>40 marks</b> |
| <b>INTERNAL ASSESSMENT</b> | <b>10 marks</b> |
| <b>TERM -1</b>             | <b>50 marks</b> |
| <b>PERIODIC TEST-2</b>     | <b>40 marks</b> |
| <b>INTERNAL ASSESSMENT</b> | <b>10 marks</b> |
| <b>TERM -2</b>             | <b>50 marks</b> |

### Evaluation Process

- In scholastic area students will be graded on 8-point grading scale (A1 to E) and both marks and Grades will be mentioned in the result.
- Students need to secure 40% in Term I and Term II exams and 40% in Periodic Assessment.
- To update the student's knowledge in every subject, weekly tests and class tests will be conducted regularly.

### ATTENDANCE

- 80 % attendance during the academic year is required and no relaxation of any kind will be granted to any student who does not fulfil the school as well as the Board requirements.
- Pupils must not absent themselves without prior permission from class tests, assignments or any activities.
- Wilful breach of any regulations pertaining to the conduct of this examination is punishable with expulsion from the examination. Students absenting themselves from the school just before the examination will be strictly dealt with.

## CO-SCHOLASTIC AREA

3-point grading scale term wise [A to C]

[A = outstanding, B = very good, C = fair]

1. Value Education
2. General Knowledge
3. Music
4. Dance
5. Art Education
6. Work Education
7. Health & Physical Education
8. Computer (VI-VIII)

Result declared at the end of the year is final in all cases and will not be reconsidered.

## Examination and Norms of Promotion for IX - XII SCHOLASTIC AREA

|                            |                 |
|----------------------------|-----------------|
| <b>PERIODIC TEST-1</b>     | <b>40 marks</b> |
| <b>INTERNAL ASSESSMENT</b> | <b>10 marks</b> |
| <b>TERM -1</b>             | <b>50 marks</b> |
| <b>PERIODIC TEST-2</b>     | <b>40 marks</b> |
| <b>INTERNAL ASSESSMENT</b> | <b>10 marks</b> |
| <b>TERM -2</b>             | <b>50 marks</b> |

## ATTENDANCE

- Promotion & Assessments are subject to change as per CBSE directives.
- As per the CBSE examination Bye-Laws, 75% attendance during the academic year is required and no relaxation of any kind will be granted to student who does not fulfil the school as well as the Board requirements.
- Pupils must not absent themselves without prior permission from class tests, assignments or any activity.
- Wilful breach of any regulations pertaining to the conduct of this examination is punishable with expulsion from the examination. Students absenting themselves from the school just before the examination will be strictly dealt with.

## CO - SCHOLASTIC AREA

### **Importance of Health and Physical Education**

The board has introduced a streamlined and well-designed Health and Physical Education [H.P.E.] program to main stream H.P.E. in schools for students of classes I-X. Keeping this in mind we have given impetus to sports and physical education by ensuring one period of sports per day. It would be in the interest of your child's mental and physical growth if you encourage her/ him to regularly participate in physical activities in school.

### **Importance of Art Education**

The board has emphasised on Art Education for developing creativity and appreciation of art among students. Exposure to art education promotes self-directed learning, improves school attendance and sharpens critical and creative skills. It helps the students to master other subjects such as Science, Maths and Social Science. The school has made it mandatory to impart Art Education at all levels.

This area will cover:

- (a) Art Education: (i) Curricular Activities (ii) Different forms of creative arts  
Evaluation Process: The activities based on 'Art Education' will be assessed on a 5-point grading scale (A to E).
- (b) Discipline: Class teacher will assess the students for 'Discipline' on a 5-point grading scale considering the four components – Attendance, Sincerity, Behaviour, Values.  
Evaluation process: The activities of the Co-scholastic areas will be assisted on a 5-point grading scale (A-E).

\*The grades / levels will be reflected in the report cards.

The Result declared at the end of the year is final in all cases and will not be reconsidered.

**EXAMINATION SCHEDULE 2022-23**  
**PERIODIC TEST - 1**  
**CLASSES I-VIII**

| <b>PERIODIC TEST 1</b> |         |         |         |         |         |          |          |          |
|------------------------|---------|---------|---------|---------|---------|----------|----------|----------|
| DATE                   | I       | II      | III     | IV      | V       | VI       | VII      | VIII     |
| 12 MAY                 | -       | -       | -       | -       | -       | Computer | Computer | Computer |
| 13 MAY                 | -       | -       | -       | -       | -       | S.St.    | Science  | English  |
| 17 MAY                 | E.V.S.  | English | Maths   | Hindi   | English | Maths    | Hindi    | S.St.    |
| 18 MAY                 | Maths   | E.V.S.  | English | Maths   | E.V.S.  | Science  | English  | Sanskrit |
| 19 MAY                 | Hindi   | Hindi   | E.V.S.  | E.V.S.  | Maths   | English  | Sanskrit | Hindi    |
| 20 MAY                 | English | Maths   | Hindi   | English | Hindi   | Sanskrit | Maths    | Science  |
| 21 MAY                 | -       | -       | -       | -       | -       | Hindi    | S.St.    | Maths    |



## CLASSES IX-X

| PERIODIC TEST 1 |                        |                        |
|-----------------|------------------------|------------------------|
| DATE            | IX                     | X                      |
| 12 MAY          | Information Technology | Information Technology |
| 13 MAY          | Science                | Social Science         |
| 17 MAY          | English                | Hindi                  |
| 18 MAY          | Hindi                  | Maths                  |
| 19 MAY          | Maths                  | English                |
| 20 MAY          | Social Science         | Science                |

## CLASS XII

| PERIODIC TEST 1 |                               |
|-----------------|-------------------------------|
| DATE            | XII                           |
| 13 MAY          | Pol./Acc./Chem.               |
| 17 MAY          | Eco./Bio.                     |
| 18 MAY          | Phy./B.St./History            |
| 19 MAY          | English                       |
| 20 MAY          | Maths/I.P./Physical Education |

## CLASS XI

| PERIODIC TEST 1 |                                |
|-----------------|--------------------------------|
| DATE            | XI                             |
| 1 AUG           | Phy./B.St./History             |
| 2 AUG           | English                        |
| 3 AUG           | Maths/I.P./ Physical Education |
| 4 AUG           | Pol./Acc./Chem.                |
| 5 AUG           | Eco./Bio./Legal Studies        |

- 3rd Week September, 2022 – Term -1 (Classes I-VIII) & Periodic Test -2 (Classes IX-XII)
- 1st Week November, 2022 – Term – 1 (Classes IX & XII)

**PERIODIC TEST - 2**  
**CLASSES I-VIII**

| PERIODIC TEST 2 |         |         |         |         |         |          |          |          |
|-----------------|---------|---------|---------|---------|---------|----------|----------|----------|
| DATE            | I       | II      | III     | IV      | V       | VI       | VII      | VIII     |
| 2 DEC.          | -       | -       | -       | -       | -       | Computer | Computer | Computer |
| 3 DEC.          | -       | -       | -       | -       | -       | Science  | S.St.    | English  |
| 5 DEC.          | Maths   | E. V.S. | English | English | Hindi   | Hindi    | Maths    | S.St.    |
| 6 DEC.          | English | Maths   | E. V.S. | E. V.S. | Maths   | English  | Science  | Sanskrit |
| 7 DEC.          | E. V.S. | Hindi   | Hindi   | Maths   | E. V.S. | Sanskrit | Sanskrit | Hindi    |
| 8 DEC.          | Hindi   | English | Maths   | Hindi   | English | Maths    | Hindi    | Science  |
| 9 DEC.          | -       | -       | -       | -       | -       | S.St.    | English  | Maths    |

## PERIODIC TEST – 3

### CLASSES IX-XII

| PERIODIC TEST 3 |                        |                        |
|-----------------|------------------------|------------------------|
| DATE            | IX                     | X                      |
| 7 JAN 2023      | Information Technology | Information Technology |
| 9 JAN 2023      | Social Science         | Science                |
| 10 JAN 2023     | Hindi                  | English                |
| 11 JAN 2023     | Maths                  | Maths                  |
| 12 JAN 2023     | English                | Hindi                  |
| 13 JAN 2023     | Science                | Social Science         |

| PERIODIC TEST 3 |                                |                                |
|-----------------|--------------------------------|--------------------------------|
| DATE            | XI                             | XII                            |
| 9 JAN 2023      | Phy./B.St./His.                | Pol./Acc./Chem.                |
| 10 JAN 2023     | English                        | Eco./Bio.                      |
| 11 JAN 2023     | Maths/I.P./ Physical Education | Phy./B.St./History             |
| 12 JAN 2023     | Pol./Acc./Chem.                | English                        |
| 13 JAN 2023     | Eco./Bio./ Legal Studies       | Maths/I.P./ Physical Education |

- Pre-Board (Class X & XII) will be conducted according to the CBSE examination schedule.
- 3rd Week February, 2023 – Term -2 (Classes I-IX & XI)

## LIST OF HOLIDAYS 2022-2023

| MONTH        | DATE             | FESTIVAL   |
|--------------|------------------|--|
| April        | 10 Sun           | Ram Navami   |
|              | 14 Thur-16 Sat   | Ambedkar Jayanti/ Mahavir Jayanti/<br>Maundy Thursday /Good Friday |
| May          | 3 Tue            | Eid-UI-Fitr  |
|              | 16 Mon           | Buddha Purnima   |
| July         | 9 Sat            | Eid-UI-Zuha  |
| August       | 9 Tue            | Muharram   |
|              | 11 Thu           | Raksha Bandhan   |
|              | 15 Mon           | Independence Day   |
|              | 19 Fri           | Janamashtami   |
| October      | 2 Sun            | Gandhi Jayanti   |
|              | 3 Mon-5 Wed      | Dussehra Holidays  |
|              | 9 Sun            | Id-E-Milad/ Valmiki Jayanti  |
|              | 22 Sat- 26 Wed   | Diwali Holidays  |
|              | 30 Sun           | Chhath Puja  |
| November     | 8 Tue            | Guru Nanak Jayanti   |
| December     | 23 Fri-1 Jan '23 | Winter Holidays  |
| January 2023 | 26 Thu           | Republic Day   |

**MOTIVATIONAL SEMINAR FOR STUDENTS**  
*(By Class Teachers & Subject Teachers)*

|                 |                                   |
|-----------------|-----------------------------------|
| <b>July</b>     | <b>Class III &amp; VI</b>         |
| <b>August</b>   | <b>Classes II, VII &amp; VIII</b> |
| <b>October</b>  | <b>Class IX &amp; X</b>           |
| <b>November</b> | <b>Classes I, XI &amp; XII</b>    |
| <b>December</b> | <b>Classes IV &amp; V</b>         |

